#### **PRIDE**

## Probationers Recovering Through Intervention and Drug Education

The PRIDE program provides drug and alcohol treatment for San Bernardino County probationers. Those eligible for the program include high risk substance abusers who are convicted felons. These individuals must have been placed on supervised probation and have at least eighteen months remaining on their probation grant.

PRIDE is an interagency program involving treatment and probation services. Treatment is provided by Mental Health Systems, Inc., a private non-profit organization funded by the San Bernardino County Office of Alcohol and Drug Programs. The San Bernardino County Probation Department provides and funds the probation services for the program.

#### **OBJECTIVES**

The program is specifically designed to facilitate the achievement of the following objectives:

- \* The decrease of further substance abuse and related criminality among high risk probationers by providing intensive probation supervision and drug abuse recovery services
- \* The promotion of public safety by removing from the community offenders who continue in substance abuse and criminality
- \* The promotion of a crime-free, drug-free productive lifestyle

#### **PROGRAM**

Treatment and probation services are provided for the PRIDE participants from within one facility. This allows the providers to more effectively interact with one another and with the participant in order to provide balanced and comprehensive services. This is of particular importance as these two modes of service have very unique elements to offer.

#### Treatment

PRIDE participants attend the program several times a week for group counseling, which includes relapse prevention education and emotion management training. The program also requires regular attendance at NA/AA meetings or involvement in other 12 step meetings.

Each probationer is assigned a primary drug counselor who, with the client's input, designs a treatment plan which outlines treatment goals as the client moves into recovery. The primary counselor works closely with the probation officer assigned to the participant in order to maintain a continuity of intervention that is structured, flexible and based on legal mandates as well as counseling and recovery principles.

#### Probation

Probation staff closely monitor the participant's attendance at required group meetings and supervise urinalysis testing. They initiate and enforce search and seizure conditions, curfews through electronic monitoring, and program sanctions. Each probationer is assigned a probation officer who is responsible to maintain intense supervision. The probation officer also acts as a liaison for the client and his/her family.

## BENEFITS TO THE PROBATIONER AND TO THE COMMUNITY

The benefits of this dual component treatment can be seen within the probationer's new life. Success in the PRIDE program benefits the probationer by ending the cycle of drug addiction and criminality. Graduates of the program learn a way of life that is recovery based, instead of drug based. The impact of successful completion of the program leads to:

- \* Completion of probation
- \* Elimination of jail and prison confinement
- \* Increased physical and mental well-being
- \* Increase employability
- \* Stronger family and social relationships

The PRIDE program also benefits the community at large. The program is a public protection effort that addresses the needs of protecting the public while providing treatment to a substance abusing, criminally active population. The expectation is that provision of drug treatment with intensive probation supervision will reduce drug abuse and criminal behavior which will result in:

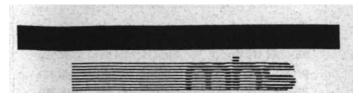
- \* Increased personal safety for citizens and their property
- \* Decreased population requiring public assistance
- \* Decreased public expense for prisons and jail

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### **PRIDE**

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MENTAL HEALTH SYSTEMS, INC.

# PRIDE PROGRAM

A Program of Mental Health Systems